GREGGS

Allergen Customer Advice

Introduction

Due to the nature of our manufacturing and retail processes, we cannot guarantee that products sold on these premises are free from the following ingredients and their derivatives: peanuts, nuts, fish, eggs, crustaceans, sesame seeds, milk, soybeans, celery, mustard, lupin, molluscs, cereals containing gluten and sulphites.

Bread & Sulphites	Molluscs
Mission Sesa Speed Annual Sesa Speed Annual Support Sesa Speed Annual Support Sesa Annual Ses	
Bake Off Roll (Edinburgh) ✓ ✓ ✓	
Bake Off Roll (Clydesmill)	
Bloomer with Sesame Seeds (Large)	
Bloomer with Sesame Seeds (Small)	
Bran Scone <td></td>	
Bran & Rye Roll Image: V Image: V	
Brown Bloomer (Large) Image: Market and Market a	
Brown Bloomer (Sliced) Image: square sq	
Cheese Scone ✓ <	
Cob (Small) ✓ <t< td=""><td></td></t<>	
Corn Topped Roll ✓	
Countrygrain Roll \checkmark \checkmark \checkmark \checkmark \checkmark \checkmark	
Country Grain Farmhouse \checkmark \checkmark \checkmark \checkmark \checkmark \checkmark \checkmark	
Country Grain Loaf (Large & Small) \checkmark <td></td>	
Crown Cob ✓	
Crusty Bloomer (Small & Large)	
Crusty Farmhouse	
Crusty Rolls ✓ <	
Danish (Small) ✓	
Farmhouse Loaf (Large & Small) \checkmark \checkmark \checkmark \checkmark \checkmark	
Farmhouse Countrygrain (Large) \checkmark \checkmark \checkmark \checkmark \checkmark	
Farmhouse Wholemeal (Small) ✓ ✓ ✓	
Finger Rolls ✓ ✓ ✓ ✓	
Floured White Rolls ✓	
Floured Bap 6 Pack <th< td=""><td></td></th<>	
Fruit Pancakes	

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																Sulphites			
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Bread & Rolls																			
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	at		λέ		t	ut	F		Jut	m				tac	Ŋ	hur	tarc	nsc	C
	Wheat	ye	Barley	ats	pel	Kamut	oya	uts	ear	ese	lilk	Egg	ish	Crustaceans	Celery	Sulphur	Mustard	Molluscs	Lupin
	\leq	R	В	0	S	\mathbf{X}	S	Ζ	٩	S	Ν	ш	ίΞ.	С	S	S	Σ	Σ	Ĺ
Fruit Scone	 ✓ 						 ✓ 				✓	✓							
Granary Loaf (Large)	 ✓ 						✓				✓								
Half Brown Bloomer	 ✓ 		\checkmark				✓				✓								<u> </u>
Half White Bloomer	 ✓ 						✓				✓								
Harvester Roll	 ✓ 	✓	√				✓				✓								
Harvester Loaf (Small & Large)	 ✓ 		✓				✓				✓								
Hot Cross Bun	 ✓ 						✓				✓								<u> </u>
Hovis Loaf (Small)	✓						✓												<u> </u>
Malted Sandwich Loaf	✓		\checkmark				✓				✓								<u> </u>
Milk Loaf	 ✓ 						✓				✓								<u> </u>
Mini Soft White Roll	 ✓ 						✓				\checkmark								
Morning Roll (Clydesmill)	 ✓ 		\checkmark				✓												
Morning Roll (Edinburgh)	✓						✓												<u> </u>
Oatie Loaf	✓		\checkmark	✓			✓				✓								
Oatmeal Sandwich Loaf	\checkmark			\checkmark			~				✓								
Oval Bite	\checkmark						\checkmark			\checkmark	\checkmark								
Oven Bottom Baps	\checkmark						\checkmark				\checkmark								
Pancake	\checkmark						\checkmark				\checkmark	\checkmark							
Poppy Bloomer (Small & Large)	✓						✓				\checkmark								
Premium Bap (Large)	\checkmark						\checkmark				\checkmark								
Rustic Roll	\checkmark		\checkmark								\checkmark								
Scotch Baps	\checkmark						\checkmark				\checkmark								
Scuffler Roll	\checkmark						\checkmark				\checkmark								
Seeded Loaf (Small)	\checkmark	\checkmark		\checkmark			\checkmark												
Six Seed Tin Loaf	\checkmark		\checkmark				\checkmark			\checkmark									
Soft Rolls	\checkmark						\checkmark				\checkmark								
Soft White Roll	\checkmark						\checkmark				\checkmark								
Soft Wholemeal Roll	\checkmark						\checkmark												
Stottie	\checkmark						\checkmark				\checkmark								

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Bread & Rolls	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame		Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Sub Rolls	\checkmark						✓				~								
Sultana Scone	\checkmark						\checkmark				\checkmark								
Teacakes	\checkmark						\checkmark												
Tiger Bread (Large & Small)	\checkmark		✓				\checkmark				\checkmark								
Tiger Roll	\checkmark		\checkmark				\checkmark				\checkmark								
Tin (Long)	\checkmark						\checkmark				\checkmark								
Tin (Small)	\checkmark						\checkmark				\checkmark								
Well Fired Rolls	\checkmark		\checkmark				\checkmark												
White Batch Loaf (Small)	\checkmark						\checkmark				\checkmark								
White Bloomer (Large)	\checkmark						\checkmark				\checkmark								
White Loaf (Large & Small)	\checkmark						\checkmark				\checkmark								
White Sandwich Loaf	\checkmark						\checkmark				✓								
White Square Loaf	\checkmark						✓				✓								
White Sliced (Large & Small)	✓						✓				✓						\square		
Wholemeal Loaf (Large & Small)	√						✓												
Wholemeal Sliced (Large & Small)	✓						✓						\mid					\square	
Wholemeal Softies	√						✓						\mid		µ]		$ \rightarrow$	$ \longrightarrow$	
	<u> </u>																		

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Opecine allergen information by product recipe i																			
Breakfast	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Croissants																			
Almond Croissant	✓							<			\checkmark	<							
Croissant	\checkmark										\checkmark	\checkmark							
Pain au Chocolat	\checkmark						\checkmark				\checkmark	\checkmark							
Breakfast Rolls																			
Bacon Breakfast Roll	\checkmark						\checkmark				\checkmark								
Bacon & Lorne Breakfast Roll	\checkmark						\checkmark				\checkmark					\checkmark			
Bacon & Sausage Breakfast Roll	\checkmark		\checkmark				\checkmark				\checkmark					\checkmark			
Lorne Breakfast Roll	\checkmark						\checkmark				\checkmark					\checkmark			
Sausage Breakfast Roll	\checkmark		\checkmark				\checkmark				\checkmark					\checkmark			
Bacon & Egg Breakfast Roll	✓						~				\checkmark	<							
Egg Breakfast Roll	✓						~				\checkmark	<							
Sausage & Egg Breakfast Roll	✓		✓				~				\checkmark	<				<			
Baguettes																			
Bacon Breakfast Baguette	✓										\checkmark								
Bacon & Egg Breakfast Baguette	\checkmark										\checkmark	✓							
Bacon & Sausage Breakfast Baguette	\checkmark		\checkmark								\checkmark					\checkmark			
Egg Breakfast Baguette	✓										\checkmark	<							
Sausage Breakfast Baguette	✓		✓								\checkmark					<			
Sausage & Egg Breakfast Baguette	✓		✓								\checkmark	<				<			
Breakfast Sauces																			
HP Brown Sauce		\checkmark	\checkmark																
Spread											\checkmark								
Tomato Ketchup															\checkmark				
Jam																			
Apricot Jam																			
Blackcurrant Jam																			
Raspberry Jam																			

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Strawberry Jam													
Porridge													
Porridge (Apple & Sultana)				<				\checkmark					
Porridge (Golden Syrup)				\checkmark)	\checkmark					
Porridge (Plain)				<				\checkmark	10				
Porridge (Red Berry)				~			5	\checkmark					
			1										
	UNCU												

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Cold Drinks	Please see the ingredient declaration on the label for specific allergen information for cold drinks.

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Confectionery	Wheat	Rye	Barley	Oats	Spelt	Kamut		Nuts	Peanut	Sesame		Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Apple Danish	 ✓ 						√				✓	✓				✓			
Bavarian Slice	✓						✓				\checkmark	✓				✓			
Belgian Bun	✓			\checkmark			\checkmark									\checkmark			
Cream Belgian Bun	✓			\checkmark			✓				✓					\checkmark			
Belgian Chocolate Brownie	✓						\checkmark				✓	✓							
Belgian Chocolate Millionaire Shortbread	✓						✓				✓								
Belgian Chocolate Rocky Road	\checkmark		\checkmark	\checkmark			\checkmark				\checkmark	\checkmark							
Bread Pudding	✓		\checkmark	\checkmark			\checkmark				\checkmark					\checkmark			
Caramel & Pecan Greggsnut	\checkmark						\checkmark	\checkmark			\checkmark	\checkmark							
Caramel & Pecan Momento	\checkmark						\checkmark	\checkmark			\checkmark								
Caramel Custard Doughnut	\checkmark						\checkmark				\checkmark	\checkmark							
Caramel Shortbread (4)	\checkmark						\checkmark				\checkmark								
Christmas Shortbread	\checkmark						\checkmark				\checkmark								
Christmas Cake	\checkmark							\checkmark			\checkmark	\checkmark				\checkmark			
Christmas Cake Slice	\checkmark							\checkmark			\checkmark	\checkmark				\checkmark			
Chocolate Cup Cake	\checkmark			\checkmark			\checkmark				\checkmark	\checkmark							
Chocolate Éclair (Cream Éclair)	\checkmark						\checkmark				\checkmark	\checkmark							
Chocolate Flake Fancy	✓						\checkmark				\checkmark	\checkmark				\checkmark			
Chocolate Gateau	\checkmark						\checkmark				\checkmark	\checkmark							
Chocolate Rainbow Muffin	\checkmark						\checkmark				\checkmark	\checkmark							
Choco Ring Doughnut	\checkmark						\checkmark				\checkmark	\checkmark							
Coffee Choux Bun	\checkmark										~	~							
Cookie Cup Cake	\checkmark		\checkmark				\checkmark				\checkmark	\checkmark							
Coconut Cream Finger	\checkmark										\checkmark								
Cream Apple Danish	\checkmark						\checkmark				✓	\checkmark				\checkmark			
Cream Apple Turnover	\checkmark										✓					\checkmark			
Cream Doughnut	\checkmark						\checkmark				✓	\checkmark							
Cream Filled Fruit Scone	✓						\checkmark				✓	\checkmark							
Cream Filled Fudge Doughnut	\checkmark						✓				\checkmark	\checkmark							

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Specific allergen information by product recipe is	ave	ana				•		_											$ \square$
UNCON																Sulphites			
Confectionery									t	le				ceans		~	Mustard	cs	
	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanu	Sesam	Milk	Egg	Fish	Crustaceans	Celery	Sulphur	Mustar	Molluscs	Lupin
Cream Filled Sponge	\checkmark						\checkmark				\checkmark	\checkmark							
Crumpet	\checkmark						✓				\checkmark	\checkmark							
Chocolate Crispy Nests	\checkmark		\checkmark				\checkmark				\checkmark								
Custard Slice	\checkmark										\checkmark	\checkmark				✓			
Derby Biscuit	\checkmark											✓							
Derby Scone	\checkmark											✓							
Devon Doughnut	\checkmark						✓				\checkmark	\checkmark							
Dripping Cake	\checkmark						✓					\checkmark							
Egg Custard Tart	\checkmark						\checkmark				\checkmark	\checkmark							
Empire Biscuit	\checkmark											\checkmark				\checkmark			
Flapjack				✓							\checkmark								
French Fancy	✓										\checkmark	\checkmark							
Fudge Doughnut	✓						<				\checkmark	>							
Giant Blue Cup Cake (Raspberry)	✓			>			<				\checkmark	~							
Giant Cup Cake (Raspberry)	✓			>			<				\checkmark	~							
Giant Cup Cake (Chocolate)	✓			>			<				\checkmark	~							
Gingerbread Man	✓						<				\checkmark	~							
Glazed Ring Doughnut	\checkmark						<				\checkmark	~							
Ice Cream Cup Cake	✓			>			<				\checkmark	~							
Iced Finger	✓						<												
Iced Ring Doughnut	✓						<				\checkmark	\checkmark				<			
Iced Split	✓						<				\checkmark								
Iced Split with Cream Filling	\checkmark						~				\checkmark								
Jam Doughnut	\checkmark						✓				\checkmark	\checkmark							
Jammy Heart Biscuit	✓										\checkmark								
Jumbo Chocolate Ring Doughnut	~						~				\checkmark	>							
Large Chocolate Doughnut	<						<				\checkmark	\checkmark							
Lardy Cake	✓						<				\checkmark					~			
Lemon Drizzle Doughnut	✓						<				\checkmark	\checkmark							
London Cheesecake	~										\checkmark	>				✓			
Milk Chocolate Cookie	\checkmark						\checkmark				\checkmark	\checkmark							

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Confectionery					Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Mini Brownie Punnet	✓				\checkmark				✓	✓							
Mini Doughnuts	✓				\checkmark				✓	\checkmark							
Mini Flapjacks			\checkmark						✓								
Mini Victoria Sponge	✓		\checkmark						✓	✓							
Mini Yum Yum	✓				\checkmark					\checkmark							
Mini Yum Yum (6 Pack)	✓				\checkmark					\checkmark							
Novelty Ring Bun	✓		\checkmark						\checkmark	\checkmark							
Pancake	✓				\checkmark				\checkmark	\checkmark							
Patisserie Crème Doughnut	✓				\checkmark				\checkmark	\checkmark							
Peach Melba	\checkmark								\checkmark								
Pineapple Cake	\checkmark								\checkmark								
Pink Iced Doughnut	\checkmark				✓				\checkmark	\checkmark							
Pink Jammie	\checkmark				✓				\checkmark	\checkmark							
Rainbow Fairy Bun	\checkmark								\checkmark	\checkmark							
Raspberry Ripple Cup Cake	\checkmark		\checkmark		\checkmark				\checkmark	\checkmark							
Rock Cake	\checkmark				\checkmark				\checkmark	\checkmark							
Rocky Road Tray Bake	\checkmark	\checkmark	\checkmark		\checkmark				\checkmark	\checkmark							
Split Doughnut	\checkmark				\checkmark				\checkmark	\checkmark				\checkmark			
Spikey Mikey	\checkmark				\checkmark				\checkmark	\checkmark							
Strawberry Shake Doughnut	\checkmark				\checkmark				\checkmark	\checkmark				\checkmark			
Strawberry Tart	\checkmark								\checkmark					\checkmark			
Strawberry Tart with Cream Topping	\checkmark								\checkmark					\checkmark			
Sugar Ring Doughnut	✓				\checkmark				✓	<							
Sugar Strand Doughnut	\checkmark				>				\checkmark	\checkmark							
Sweet Mince Pie	\checkmark																
Swiss Bun	✓				\checkmark				✓					\checkmark			
Toffee Crunch	✓	>			>				~								
Tottenham Cake	\checkmark									\checkmark				\checkmark			
Triple Chocolate Vanilla Doughnut	\checkmark				\checkmark				\checkmark	\checkmark							

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opeoine allergen internation by product recipe is	~			~~														r	
Confectionery	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Triple Chocolate Cookie	\checkmark						\checkmark				\checkmark	\checkmark							
Triple Chocolate Muffin	\checkmark						\checkmark				\checkmark	\checkmark							
Vanilla Doughnut	\checkmark						✓				\checkmark	✓							
Vanilla Slice	\checkmark										\checkmark	\checkmark				✓			
Welsh Cake	\checkmark										\checkmark	\checkmark				\checkmark			
White Chocolate Cookie	✓						\checkmark				\checkmark	\checkmark							
Yum Yum	√						✓					✓							
Celebration Cakes (Scotland Only)											✓ 								

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Hot Drinks	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Americano (Black Coffee) (Large & Small)																			
Babyccino (Large & Small)											✓								
Cappuccino (Large & Small)											✓								
Cappuccino with Hot Chocolate Sprinkles											~								
Decaf Black Coffee (Large & Small)																			
Decaf White Coffee (Large & Small)											\checkmark								
Espresso Shot																		1	1
Extra Espresso Shot																			
Hot Chocolate (Large & Small)											\checkmark								
Latte (Large & Small)											\checkmark								
Mocha (Large & Small)											\checkmark								
Skinny Cappuccino (Large & Small)											\checkmark								
Skinny Latte (Large & Small)											\checkmark								
Skinny Mocha (Large & Small)											\checkmark								
Tea (Large & Small)											\checkmark								
White Coffee (Large & Small)											\checkmark			J		J			

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Pasties, Bakes and Pizzas	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Bacon & Cheese Wrap	\checkmark										\checkmark								
Beef & Vegetable Pasty	\checkmark		\checkmark								\checkmark								
Bridie	\checkmark		\checkmark	\checkmark			\checkmark				\checkmark								
Cheese & Onion Pasty	<										~						\checkmark		
Cheese & Onion Roll	✓										~						\checkmark		
Chicken Bake	✓										~	<							
Corned Beef Pasty	\checkmark										✓	<							
Cornish Pasty (Large)	\checkmark											\checkmark							
Fajita Chicken Lattice	\checkmark										\checkmark						\checkmark		
Festive Bake	\checkmark		\checkmark								\checkmark						\checkmark		
Haggis Pie	\checkmark			\checkmark			\checkmark				\checkmark								
Ham & Cheese Bake	\checkmark										\checkmark								
Macaroni Pie	\checkmark						\checkmark				\checkmark						\checkmark		
Margherita Pizza	\checkmark		\checkmark				\checkmark				\checkmark								
Pepperoni Pizza	\checkmark		\checkmark				\checkmark				\checkmark								
Potato & Meat Pasty	\checkmark		\checkmark				\checkmark				\checkmark	\checkmark							
Potato & Meat Pie	\checkmark		\checkmark																
Sausage, Bean & Cheese Melt	\checkmark										\checkmark					\checkmark			
Sausage Roll	\checkmark		\checkmark				\checkmark				\checkmark					\checkmark			
Savoury Mince Pie	\checkmark		\checkmark				\checkmark				\checkmark								
Scotch Pie	\checkmark		\checkmark				\checkmark				\checkmark								
Spicy Chicken Pizza	\checkmark		✓				\checkmark				✓						\checkmark		
Steak & Cheese Roll	\checkmark		\checkmark								\checkmark								
Steak Bake	\checkmark		\checkmark								\checkmark								
Vegetable Pasty	\checkmark										\checkmark				\checkmark				

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Sandwiches	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Baguettes																	┢──╁		
Cheese Salad Baguette	 ✓ 										✓								
Chicken, Bacon & Cheese Baguette	 ✓ 		✓								✓						✓		
Chicken Club Baguette	√											✓					✓		
Chicken Mayonnaise Baguette	√									-		✓ ✓					✓		
Chicken Tandoori Baguette	∨											✓			V		~		
Cheese & Ham Baguette (Hot or Cold)	 ✓ 										✓ ✓								
Mexican Chicken Baguette(Hot or Cold)	✓										✓	✓ ✓					✓		
Prawn Mayo Baguette	∨											✓ ✓		✓			✓		
Tuna Crunch Baguette	✓											✓ ✓	✓				✓		
Tuna & Sweetcorn Baguette	•											✓	V				✓		
Bloomers							✓												
Bacon Lettuce & Tomato (BLT) White Bloomer	\checkmark		✓				▼ √				✓ ✓	✓ ✓				✓	✓ ✓		
Chicken & Mango Bloomer Chicken Salad Bloomer	•		•				•				▼ √	•				v	•	_	
Mature Cheddar & Tomato Chutney Bloomer	▼ ▼		▼ √				▼ ✓				▼ √	v					• √	_	
New Orleans Bloomer	•		• •				• •				• √	√			\checkmark	~	• •		
Prawn Mayonnaise Bloomer	•		•				• •				• •	•		✓	•	•	• •		
Red Thai Chicken Bloomer	· √		√				• •				• •	• •		•			· √		
Cheddar & Beetroot Bloomer	· √		• •				• •				• •	•							
Tuna Crunch Bloomer	· √		• •				• •				• •	√	~				✓		
Wiltshire Ham Salad Bloomer	· ~		• •				•				• •	•	•						
Bread Packs			-				-				-								
Bacon Lettuce & Tomato (BLT) Breadpack	√			√			✓				✓	~					✓	\rightarrow	\neg
Cheese & Onion Breadpack	√			~			✓				✓	✓					\checkmark	-+	\neg
Cheese Mini Breadpack	√						✓				✓							\rightarrow	\neg
Cheese Salad Breadpack	✓			✓			✓				✓								
Cheese & Tomato Chutney Breadpack	✓		✓	✓			✓				✓						\checkmark		

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Due to the nature of our manufacturing and retail processes, we cannot guarantee that products sold on these premises are free from the following ingredients and their derivatives: peanuts, nuts, fish, eggs, crustaceans, sesame seeds, milk, soybeans, celery, mustard, lupin, molluscs, cereals containing gluten and sulphites.

Sandwiches														JS		te & Sulphites			
	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide	Mustard	Molluscs	Lupin
Chicken Salad Breadpack	✓			\checkmark			\checkmark				✓	✓					✓		
Chicken & Bacon Breadpack	\checkmark			>			\checkmark				✓	~					~		
Chilli Cheese Breadpack	\checkmark		✓				\checkmark				\checkmark	>					\checkmark		
Free Range Egg Mayonnaise Breadpack	\checkmark			>			\checkmark				\checkmark	>					\checkmark		
Egg & Tomato Breadpack	\checkmark			\checkmark			\checkmark				\checkmark	\checkmark					\checkmark		1
Ham Mini Breadpack	\checkmark						\checkmark				\checkmark								
Ham & Egg Salad Breadpack	\checkmark			\checkmark			\checkmark				\checkmark	\checkmark					\checkmark		1
Prawn Mayonnaise Breadpack	\checkmark			>			\checkmark				~	>		>			~		
Simply Cheese	\checkmark						\checkmark				\checkmark								
Simply Ham	\checkmark						\checkmark				~								
Tuna Mayonnaise & Cucumber	\checkmark			>			\checkmark				~	>	>				~		
Flatbreads																			
Cajun Chicken Flatbread	✓		✓								✓								
Hot Dogs																			
Crispy Onions	✓																		
Hot Dog	✓						\checkmark				\checkmark								
Mustard																	\checkmark		
Tomato Ketchup															✓				
Oval Bites																			
Chargrill Chicken Oval Bite	\checkmark		✓				\checkmark			\checkmark	\checkmark	\checkmark					\checkmark		
Chargrill Chicken & Beetroot Oval Bite	\checkmark		✓				\checkmark			\checkmark	\checkmark	\checkmark					\checkmark		
Cheese Ploughman Oval Bite	\checkmark		✓				\checkmark			\checkmark	\checkmark						\checkmark		
Mexican Chicken Oval Bite	\checkmark						\checkmark			\checkmark	\checkmark	\checkmark					\checkmark		
Mexican Chicken & Mixed Peppers Oval Bite	\checkmark						\checkmark			\checkmark	\checkmark	\checkmark					\checkmark		
Rustics																			
All Day Breakfast Rustic	\checkmark		✓								✓	✓				\checkmark	\checkmark		
Chicken Chorizo Rustic	\checkmark		✓								\checkmark	\checkmark					\checkmark		
Southern Fried Chicken Rustic	\checkmark		✓								✓				\checkmark		\checkmark		
Stotties																			
Cheese Savoury Stottie	\checkmark						\checkmark				\checkmark	\checkmark					\checkmark		
Ham & Pease Pudding Stottie	✓						\checkmark				✓								
Tuna Mayonnaise & Cucumber Stottie	\checkmark						\checkmark				\checkmark	\checkmark	\checkmark				\checkmark		

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Sandwiches	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Sub Rolls																			
Cheese Savoury & Bacon Sub Roll	\checkmark						✓				\checkmark	✓					\checkmark		
Chicken Mayonnaise Sub Roll	\checkmark						\checkmark				\checkmark	\checkmark					\checkmark		
Egg & Bacon Sub Roll	\checkmark						\checkmark				\checkmark	\checkmark					\checkmark		
Ham Salad Sub Roll	\checkmark						\checkmark				\checkmark	\checkmark					\checkmark		
Tuna Mayo Sub Roll	\checkmark						\checkmark				\checkmark	\checkmark	\checkmark				\checkmark		
Toasties																			
Cheese & Tomato Toastie	\checkmark		\checkmark				\checkmark				\checkmark						\checkmark		
Ham & Cheese Toastie	\checkmark						\checkmark				\checkmark								
]		

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Snacks	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Soup																			
Christmas Lunch Soup	✓		\checkmark												\checkmark				
Cream of Tomato Soup											✓								
Baked Potato & Leek Soup											✓				✓	✓			
Chorizo & Fire Roast Pepper Soup											✓				\checkmark				
Fruit																			
Melon & Grape Medley																			
Tropical Fruit Finger Pot																		<u> </u>	
Salad																		<u> </u>	
Chicken & Bacon Layered Salad	✓											✓				<u> </u>	✓	<u> </u>	
Tuna Layered Salad	✓											✓	\checkmark				\checkmark		
Pasta																<u> </u>		<u> </u>	
Cheese & Tomato Pasta	 ✓ 		✓								✓						 ✓ 	⊢	
Fajita Chicken Pasta	✓		✓														\checkmark	⊢	
Other																		┢───╋	
Strawberry & Granola Yoghurt	✓		✓	√	<u> </u>	<u> </u>	<u> </u>				✓						$\left - \right $	┢──┤	
Flora Portion											✓							┢──┤	
Lurpak Portion											✓							┢──┤	
	<u> </u>																	┢──┤	\square
	<u> </u>																$\left - \right $		