



## Allergen Customer Advice

### Introduction

Due to the nature of our manufacturing and retail processes, we cannot guarantee that products sold on these premises are free from the following ingredients and their derivatives: peanuts, nuts, fish, eggs, crustaceans, sesame seeds, milk, soybeans, celery, mustard, lupin, molluscs, cereals containing gluten and sulphites.

Specific allergen information by product recipe is available below:

### Bread & Rolls

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Bake Off Roll (Edinburgh)	✓						✓												
Bake Off Roll (Clydesmill)	✓		✓				✓												
Bloomer with Sesame Seeds (Large)	✓						✓			✓	✓								
Bloomer with Sesame Seeds (Small)	✓		✓				✓			✓	✓								
Bran Scone	✓						✓				✓								
Bran & Rye Roll	✓	✓					✓				✓								
Brown Bloomer (Large)	✓		✓				✓				✓								
Brown Bloomer (Sliced)	✓		✓				✓				✓								
Cheese Scone	✓										✓	✓					✓		
Cob (Small)	✓						✓				✓								
Corn Topped Roll	✓						✓				✓								
Countrygrain Roll	✓		✓				✓				✓								
Country Grain Farmhouse	✓	✓	✓				✓			✓	✓								
Country Grain Loaf (Large & Small)	✓	✓	✓				✓			✓	✓								
Crown Cob	✓						✓				✓								
Crusty Bloomer (Small & Large)	✓						✓				✓								
Crusty Farmhouse	✓						✓				✓								
Crusty Rolls	✓						✓				✓								
Danish (Small)	✓						✓				✓								
Farmhouse Loaf (Large & Small)	✓						✓			✓	✓								
Farmhouse Countrygrain (Large)	✓	✓	✓				✓			✓	✓								
Farmhouse Wholemeal (Small)	✓						✓												
Finger Rolls	✓						✓				✓								
Floured White Rolls	✓						✓												
Floured Bap 6 Pack	✓						✓				✓								
Fruit Pancakes	✓										✓	✓							

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	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Fruit Scone	✓						✓				✓	✓							
Granary Loaf (Large)	✓						✓				✓								
Half Brown Bloomer	✓		✓				✓				✓								
Half White Bloomer	✓						✓				✓								
Harvester Roll	✓	✓	✓				✓				✓								
Harvester Loaf (Small & Large)	✓		✓				✓				✓								
Hot Cross Bun	✓						✓				✓								
Hovis Loaf (Small)	✓						✓												
Malted Sandwich Loaf	✓		✓				✓				✓								
Milk Loaf	✓						✓				✓								
Mini Soft White Roll	✓						✓				✓								
Morning Roll (Clydesmill)	✓		✓				✓												
Morning Roll (Edinburgh)	✓						✓												
Oatie Loaf	✓		✓	✓			✓				✓								
Oatmeal Sandwich Loaf	✓			✓			✓				✓								
Oval Bite	✓						✓			✓	✓								
Oven Bottom Baps	✓						✓				✓								
Pancake	✓						✓				✓	✓							
Poppy Bloomer (Small & Large)	✓						✓				✓								
Premium Bap (Large)	✓						✓				✓								
Rustic Roll	✓		✓								✓								
Scotch Baps	✓						✓				✓								
Scuffler Roll	✓						✓				✓								
Seeded Loaf (Small)	✓	✓		✓			✓												
Six Seed Tin Loaf	✓		✓				✓			✓									
Soft Rolls	✓						✓				✓								
Soft White Roll	✓						✓				✓								
Soft Wholemeal Roll	✓						✓												
Stottie	✓						✓				✓								

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Specific allergen information by product recipe is available below:

[illegible]

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Specific allergen information by product recipe is available below:

[illegible]

Strawberry Jam																				
<b>Porridge</b>																				
Porridge (Apple & Sultana)				✓								✓								
Porridge (Golden Syrup)				✓								✓								
Porridge (Plain)				✓								✓								
Porridge (Red Berry)				✓								✓								
UNCONTROLLED COPY																				

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Specific allergen information by product recipe is available below:

### Cold Drinks

Please see the ingredient declaration on the label for specific allergen information for cold drinks.

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Specific allergen information by product recipe is available below:

### Confectionery

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Apple Danish	✓						✓				✓	✓				✓			
Bavarian Slice	✓						✓				✓	✓				✓			
Belgian Bun	✓			✓			✓									✓			
Cream Belgian Bun	✓			✓			✓				✓					✓			
Belgian Chocolate Brownie	✓						✓				✓	✓							
Belgian Chocolate Millionaire Shortbread	✓						✓				✓								
Belgian Chocolate Rocky Road	✓		✓	✓			✓				✓	✓							
Bread Pudding	✓		✓	✓			✓				✓					✓			
Caramel & Pecan Greggsnut	✓						✓	✓			✓	✓							
Caramel & Pecan Momento	✓						✓	✓			✓								
Caramel Custard Doughnut	✓						✓				✓	✓							
Caramel Shortbread (4)	✓						✓				✓								
Christmas Shortbread	✓						✓				✓								
Christmas Cake	✓							✓			✓	✓				✓			
Christmas Cake Slice	✓							✓			✓	✓				✓			
Chocolate Cup Cake	✓			✓			✓				✓	✓							
Chocolate Éclair (Cream Éclair)	✓						✓				✓	✓							
Chocolate Flake Fancy	✓						✓				✓	✓				✓			
Chocolate Gateau	✓						✓				✓	✓							
Chocolate Rainbow Muffin	✓						✓				✓	✓							
Choco Ring Doughnut	✓						✓				✓	✓							
Coffee Choux Bun	✓										✓	✓							
Cookie Cup Cake	✓		✓				✓				✓	✓							
Coconut Cream Finger	✓										✓								
Cream Apple Danish	✓						✓				✓	✓				✓			
Cream Apple Turnover	✓										✓					✓			
Cream Doughnut	✓						✓				✓	✓							
Cream Filled Fruit Scone	✓						✓				✓	✓							
Cream Filled Fudge Doughnut	✓						✓				✓	✓							

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Confectionery	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Cream Filled Sponge	✓						✓				✓	✓							
Crumpet	✓						✓				✓	✓							
Chocolate Crispy Nests	✓		✓				✓				✓								
Custard Slice	✓										✓	✓				✓			
Derby Biscuit	✓											✓							
Derby Scone	✓											✓							
Devon Doughnut	✓						✓				✓	✓							
Dripping Cake	✓						✓					✓							
Egg Custard Tart	✓						✓				✓	✓							
Empire Biscuit	✓											✓				✓			
Flapjack				✓							✓								
French Fancy	✓										✓	✓							
Fudge Doughnut	✓						✓				✓	✓							
Giant Blue Cup Cake (Raspberry)	✓			✓			✓				✓	✓							
Giant Cup Cake (Raspberry)	✓			✓			✓				✓	✓							
Giant Cup Cake (Chocolate)	✓			✓			✓				✓	✓							
Gingerbread Man	✓						✓				✓	✓							
Glazed Ring Doughnut	✓						✓				✓	✓							
Ice Cream Cup Cake	✓			✓			✓				✓	✓							
Iced Finger	✓						✓												
Iced Ring Doughnut	✓						✓				✓	✓				✓			
Iced Split	✓						✓				✓								
Iced Split with Cream Filling	✓						✓				✓								
Jam Doughnut	✓						✓				✓	✓							
Jammy Heart Biscuit	✓										✓								
Jumbo Chocolate Ring Doughnut	✓						✓				✓	✓							
Large Chocolate Doughnut	✓						✓				✓	✓							
Lardy Cake	✓						✓				✓					✓			
Lemon Drizzle Doughnut	✓						✓				✓	✓							
London Cheesecake	✓										✓	✓				✓			
Milk Chocolate Cookie	✓						✓				✓	✓							



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	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Confectionery																			
Mini Brownie Punnet	✓						✓				✓	✓							
Mini Doughnuts	✓						✓				✓	✓							
Mini Flapjacks				✓							✓								
Mini Victoria Sponge	✓			✓							✓	✓							
Mini Yum Yum	✓						✓					✓							
Mini Yum Yum (6 Pack)	✓						✓					✓							
Novelty Ring Bun	✓			✓							✓	✓							
Pancake	✓						✓				✓	✓							
Patisserie Crème Doughnut	✓						✓				✓	✓							
Peach Melba	✓										✓								
Pineapple Cake	✓										✓								
Pink Iced Doughnut	✓						✓				✓	✓							
Pink Jammie	✓						✓				✓	✓							
Rainbow Fairy Bun	✓										✓	✓							
Raspberry Ripple Cup Cake	✓			✓			✓				✓	✓							
Rock Cake	✓						✓				✓	✓							
Rocky Road Tray Bake	✓		✓	✓			✓				✓	✓							
Split Doughnut	✓						✓				✓	✓				✓			
Spikey Mikey	✓						✓				✓	✓							
Strawberry Shake Doughnut	✓						✓				✓	✓				✓			
Strawberry Tart	✓										✓					✓			
Strawberry Tart with Cream Topping	✓										✓					✓			
Sugar Ring Doughnut	✓						✓				✓	✓							
Sugar Strand Doughnut	✓						✓				✓	✓							
Sweet Mince Pie	✓																		
Swiss Bun	✓						✓				✓					✓			
Toffee Crunch	✓		✓				✓				✓								
Tottenham Cake	✓											✓				✓			
Triple Chocolate Vanilla Doughnut	✓						✓				✓	✓							

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Specific allergen information by product recipe is available below:

### Hot Drinks

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Americano (Black Coffee) (Large & Small)																			
Babyccino (Large & Small)											✓								
Cappuccino (Large & Small)											✓								
Cappuccino with Hot Chocolate Sprinkles											✓								
Decaf Black Coffee (Large & Small)																			
Decaf White Coffee (Large & Small)											✓								
Espresso Shot																			
Extra Espresso Shot																			
Hot Chocolate (Large & Small)											✓								
Latte (Large & Small)											✓								
Mocha (Large & Small)											✓								
Skinny Cappuccino (Large & Small)											✓								
Skinny Latte (Large & Small)											✓								
Skinny Mocha (Large & Small)											✓								
Tea (Large & Small)											✓								
White Coffee (Large & Small)											✓								

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Specific allergen information by product recipe is available below:

## Pasties, Bakes and Pizzas

## Bacon & Cheese Wrap

## Beef & Vegetable Pasty

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Bridie

## Cheese & Onion Pasty

## Cheese & Onion Roll

## Chicken Bake

## Corned Beef Pasty

### Cornish Pasty (Large)

## Fajita Chicken Lattice

## Festive Bake

## Haggis Pie

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## Ham & Cheese Bake

## Macaroni Pie

## Margherita Pizza

### Pepperoni Pizza

## Potato & Meat Pastv

## Potato & Meat Pie

### Sausage, Bean & Cheese Melt

## Sausage Roll

## Savoury Mince Pie

## Scotch Pie

### Spicy Chicken Pizza

### Steak & Cheese Roll

## Steak Bake

## Vegetable Pasty

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Specific allergen information by product recipe is available below:

### Sandwiches

#### Baguettes

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Cheese Salad Baguette	✓										✓								
Chicken, Bacon & Cheese Baguette	✓		✓								✓						✓		
Chicken Club Baguette	✓											✓					✓		
Chicken Mayonnaise Baguette	✓											✓					✓		
Chicken Tandoori Baguette	✓											✓			✓		✓		
Cheese & Ham Baguette (Hot or Cold)	✓										✓						✓		
Mexican Chicken Baguette(Hot or Cold)	✓										✓	✓					✓		
Prawn Mayo Baguette	✓											✓		✓			✓		
Tuna Crunch Baguette	✓											✓	✓				✓		
Tuna & Sweetcorn Baguette	✓											✓	✓				✓		

#### Bloomers

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Bacon Lettuce & Tomato (BLT) White Bloomer	✓						✓				✓	✓					✓		
Chicken & Mango Bloomer	✓		✓				✓				✓	✓				✓	✓		
Chicken Salad Bloomer	✓		✓				✓				✓	✓					✓		
Mature Cheddar & Tomato Chutney Bloomer	✓		✓				✓				✓						✓		
New Orleans Bloomer	✓		✓				✓				✓	✓			✓	✓	✓		
Prawn Mayonnaise Bloomer	✓						✓				✓	✓		✓			✓		
Red Thai Chicken Bloomer	✓		✓				✓				✓	✓					✓		
Cheddar & Beetroot Bloomer	✓		✓				✓				✓								
Tuna Crunch Bloomer	✓		✓				✓				✓	✓	✓				✓		
Wiltshire Ham Salad Bloomer	✓		✓				✓				✓								

#### Bread Packs

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Bacon Lettuce & Tomato (BLT) Breadpack	✓			✓			✓				✓	✓					✓		
Cheese & Onion Breadpack	✓			✓			✓				✓	✓					✓		
Cheese Mini Breadpack	✓						✓				✓								
Cheese Salad Breadpack	✓			✓			✓				✓								
Cheese & Tomato Chutney Breadpack	✓		✓	✓			✓				✓						✓		

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Specific allergen information by product recipe is available below:

### Sandwiches

	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanut	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Chicken Salad Breadpack	✓			✓			✓				✓	✓					✓		
Chicken & Bacon Breadpack	✓			✓			✓				✓	✓					✓		
Chilli Cheese Breadpack	✓		✓				✓				✓	✓					✓		
Free Range Egg Mayonnaise Breadpack	✓			✓			✓				✓	✓					✓		
Egg & Tomato Breadpack	✓			✓			✓				✓	✓					✓		
Ham Mini Breadpack	✓						✓				✓								
Ham & Egg Salad Breadpack	✓			✓			✓				✓	✓					✓		
Prawn Mayonnaise Breadpack	✓			✓			✓				✓	✓		✓			✓		
Simply Cheese	✓						✓				✓								
Simply Ham	✓						✓				✓								
Tuna Mayonnaise & Cucumber	✓			✓			✓				✓	✓	✓				✓		
<b>Flatbreads</b>																			
Cajun Chicken Flatbread	✓		✓								✓								
<b>Hot Dogs</b>																			
Crispy Onions	✓																		
Hot Dog	✓						✓				✓								
Mustard																	✓		
Tomato Ketchup															✓				
<b>Oval Bites</b>																			
Chargrill Chicken Oval Bite	✓		✓				✓			✓	✓	✓					✓		
Chargrill Chicken & Beetroot Oval Bite	✓		✓				✓			✓	✓	✓					✓		
Cheese Ploughman Oval Bite	✓		✓				✓			✓	✓						✓		
Mexican Chicken Oval Bite	✓						✓			✓	✓	✓					✓		
Mexican Chicken & Mixed Peppers Oval Bite	✓						✓			✓	✓	✓					✓		
<b>Rustics</b>																			
All Day Breakfast Rustic	✓		✓								✓	✓				✓	✓		
Chicken Chorizo Rustic	✓		✓								✓	✓					✓		
Southern Fried Chicken Rustic	✓		✓								✓				✓		✓		
<b>Stotties</b>																			
Cheese Savoury Stottie	✓						✓				✓	✓					✓		
Ham & Pease Pudding Stottie	✓						✓				✓								
Tuna Mayonnaise & Cucumber Stottie	✓						✓				✓	✓	✓				✓		

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Sandwiches	Wheat
	Rye
	Barley
	Oats
	Spelt
	Kamut
	Soya
	Nuts
	Peanut
	Sesame
	Milk
	Egg
	Fish
	Crustaceans
	Celery
	Sulphur Dioxide & Sulphites
Mustard	
Molluscs	
Lupin	

Cheese Savoury & Bacon Sub Roll	✓					✓			✓	✓				✓	
Chicken Mayonnaise Sub Roll	✓					✓			✓	✓				✓	
Egg & Bacon Sub Roll	✓					✓			✓	✓				✓	
Ham Salad Sub Roll	✓					✓			✓	✓				✓	
Tuna Mayo Sub Roll	✓					✓			✓	✓	✓			✓	

Cheese & Tomato Toastie	✓	✓				✓			✓					✓	
Ham & Cheese Toastie	✓					✓			✓						

[illegible]

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Specific allergen information by product recipe is available below:

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